# CRISIS NUMBERS In an emergency, dial 911.

### Audubon County Memorial Hospital

Website: https://www.acmhhosp.org/ Address: 515 Pacific Avenue, Audubon IA 50025 Phone: 712-563-2611 Services Offered: Cardiac Rehab, Emergency Department, Fitness Center, Health Coach, Lab Services, Surgery, Outpatient Specialty Clinic, Radiology, Rehabilitation, Respiratory Therapy, Skilled Care, Sleep Studies

#### Audubon Fire Department

Website: cityofauduboniowa.com/c/-/?p=fire.html Address: 113 Market Street, Audubon IA 50025 Phone: 712-563-2023

#### Audubon Police Department

**Website:** https://www.cityofauduboniowa.com/c/-/?p=police.html **Address:** 410 N. Park Place, Audubon IA 50025 **Phone:** 712-563-2500

#### Iowa Poison Control Hotline

Website: www.iowapoison.org Address: 401 Douglas Street #501, Sioux City IA 51101 Phone: 800-222-1222

#### National Suicide Prevention Lifeline

**Website:** suicidepreventionlifeline.org **Phone:** 800-273-8255

## **ADDICTION SERVICES**

Naloxone IowaWebsite: naloxoneiowa.org/telenaloxonePhone: 319-678-7825Services Provided: Confidential, free access to naloxone (delivered by mail)

#### National Council on Problem Gambling

Website: https://www.ncpgambling.org/ Phone: 800-522-4700 Services Provided: 24-hour confidential national helpline

New Opportunities, Inc (Audubon) Website: https://www.newopp.org/services/outreach/audubon-county Address: 109 Tracy Street, Audubon IA 50025 Phone: 712-563-2777

**Services Offered:** Food Assistance, Heat/Water Assistance and Weatherization, Clothing Assistance, Drug/Alcohol Counseling, Back-To-School Supplies

### Quitline Iowa Website: https://quitlineiowa.org/en-US/ Phone: 800-784-8669 Services Offered: Smoking Cessation

## Substance Use Treatment Locator (SAMHSA)

Website: findtreatment.gov Phone: 800-662-4357

Your Life Iowa Website: yourlifeiowa.org Phone: 855-581-8111 (text: 855-895-8398) Services Offered: Support and resource connections for issues with drugs, alcohol, gambling, suicidal thoughts, or mental health

# **ADVOCACY RESOURCES**

### Autism Society of Iowa

Website: autismia.com Phone: 515-327-9075

### Brain Injury Alliance of Iowa

Website: biaia.org Address: 1566 S. First Ave Ste A, Iowa City IA 52240 Phone: 855-444-6443

#### **Disability Rights Iowa**

Website: disabilityrightsiowa.org Address: 666 Walnut Street, Des Moines IA 50309 Phone: 800-779-2502

## **AGING RESOURCES**

### Elderbridge Agency On Aging (Carroll Office)

Website: elderbridge.org
Address: 603 N West Street, Carroll IA 51401
Phone: 712-792-3512
Services Offered: Supportive Services; Health, Prevention, and Wellness; Family Caregiver Support; Older Worker Employment Program; Elder Justice and Adult Protective Services; Medicare Support; Private Pay for Services (18+)
Counties Covered: Audubon, Carroll, Crawford, Greene, Guthrie, Sac

### lowa Department on Aging

Website: iowaaging.gov Phone: 866-468-7887

#### Legal Hotline for Older lowans

**Website:** https://www.iowalegalaid.org/organization/legal-hotline-for-older-iowans **Phone:** 800-992-8161 **Services Provided:** Brief advice and self-help materials for lowans aged 60+

#### SHIP: Senior Health Insurance Information Program

Website: ship.iowa.gov Phone: 800-351-4664

## **BABY SUPPLIES**

<u>Audubon Nest</u> Address: 322 Tracy Street, Audubon IA 50025 Phone: 712-304-0077 Services Offered: Incentive Point System for Baby Supplies

#### **HOPES Program**

Website: https://www.healthyguthrie.org/h-o-p-e-s Address: 2002 State Street; Guthrie, IA 50115 Phone: 641-747-3839 Services Offered: Home visitation program for pregnant women, families with newborns, and families with children aged 0-5 Counties Covered: Audubon, Guthrie

## **CAREGIVER SUPPORT**

Lutheran Services in Iowa Website: https://lsiowa.org/ Phone (Council Bluffs): 712-323-1558 Phone (Denison): 712-263-9341 Phone (Des Moines): 515-271-7411 Services Provided: Behavioral Health Intervention Services (BHIS), Therapy, Disability Services, Refugee and Immigrant Services, Foster Care and Adoption, Family Centered Services

## CASE MANAGEMENT

## **CHILDCARE ASSISTANCE**

## DHS Child Care Assistance (CCA)

Website: https://dhs.iowa.gov/child-care Phone: 866-448-4605

#### **HOPES Program**

Website: https://www.healthyguthrie.org/h-o-p-e-s Address: 2002 State Street; Guthrie, IA 50115 Phone: 641-747-3839 Services Offered: Home visitation program for pregnant women, families with newborns, and families with children aged 0-5 Counties Covered: Audubon, Guthrie

Hawk-I Member Services

Website: https://dhs.iowa.gov/hawki Phone: 1-800-257-8563 Services Offered: Insurance Coverage for Iowa Children (Income Dependent)

#### Partnerships 4 Families

Website: https://www.partnerships4families.org/index.php Phone: 712-790-7437 Services Offered: School Readiness, Preschool Opportunities, Parent Support and Education, Child Care Support and Education Counties Covered: Audubon, Carroll, Greene, Guthrie

# **CHILDCARE SITES**

### The Children's Nest

Website: https://www.audubonchildrensnest.com/ Address: 714 N. Division Street, Audubon IA 50025 Phone: 712-563-3641

# **CHIROPRACTIC CARE**

### Audubon Family Chiropractic

Website: https://facebook.com/audubonfamilychiropractic/ Address: 521 Leroy Street, Audubon IA 50025 Phone: 712-563-4244

### The Stalk Chiropractic and Health

Website: https://www.facebook.com/thestalkchiropractic Address: 106 W Washington St Exira, IA 50076 Phone: (712) 268-7368

# **CLOTHING RESOURCES**

## New Opportunities, Inc (Audubon)

**Website:** https://www.newopp.org/services/outreach/audubon-county **Address:** 109 Tracy Street, Audubon IA 50025

**Phone:** 712-563-2777 **Services Offered:** Food Assistance, Heat/Water Assistance and Weatherization, Clothing Assistance, Drug/Alcohol Counseling, Back-To-School Supplies

# **DENTAL SERVICES**

## Audubon Dental Center

Website: www.auduboncountyia.gov/directory/audubon-dental-center-schultz-paul-dds.aspx Address: 400 N Park Place, Audubon IA 50025 Phone: 712-563-2659 Notes: Does not accept Medicare/Medicaid

# **DISABILITY SERVICES**

## **COMPASS**

Website: https://iowacompass.org/ Phone: 800-779-2001 Services Offered: Information and Referrals for Iowans with Disabilities

## Heart of Iowa Community Services

Website: hicsiowa.org Address (Audubon): 318 Leroy Street, Audubon IA 50025 Address (Guthrie): 200 N 5<sup>th</sup> Street, Guthrie Center IA 50115 Phone (Audubon and Guthrie): 515-468-9725

### Lutheran Services in Iowa

Website: https://lsiowa.org/ Phone (Council Bluffs): 712-323-1558 Phone (Denison): 712-263-9341 Phone (Des Moines): 515-271-7411 Services Provided: Behavioral Health Intervention Services (BHIS), Therapy, Disability Services, Refugee and Immigrant Services, Foster Care and Adoption, Family Centered Services

# **DOMESTIC VIOLENCE/SEXUAL ASSAULT RESOURCES**

## **Catholic Charities Domestic Violence and Sexual Assault Program**

Website: https://www.catholiccharitiesdm.org/our-services/domestic-violence-sexual-assault/ Address: 601 Grand Ave, Des Moines IA 50309 Phone: 712-328-0266 Services Offered: 24-hour Crisis Line, Emergency Shelter, Court Advocacy, Support Groups Counties Covered: Audubon, Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, and Shelby

## Iowa Victim Call Center

Website: https://survivorshelpline.org/

Phone: 800-770-1650 Services Provided: 24-hour call center providing resources to victims and survivors of crime in Iowa

#### National Human Trafficking Hotline

Website: https://humantraffickinghotline.org/ Phone: 888-373-7888

## **EDUCATION LOCATIONS**

#### **Audubon Elementary School**

Website: https://www.audubon.k12.ia.us/ Address: 600 Tracy Street, Audubon IA 50025 Phone: 712-563-3751 Notes: Pre-K through Grade 4

#### Audubon Middle/High School

Website: https://www.audubon.k12.ia.us/ Address: 800 Third Ave, Audubon IA 50025 Phone: 712-563-2607 Notes: Grades 5-12

#### St. John's Christian Preschool

Website: https://www.facebook.com/AudubonStJohns/ Address: 815 E. Division Street, Audubon IA 50025 Phone: 712-563-2114

## EDUCATION RESOURCES/SERVICES

#### Heartland Education Agency (Carroll Office)

Website: https://www.heartlandaea.org/ Address: 906 N. Grant Road Ste 106, Carroll IA 51401 Phone: (712) 792-3102 Districts Covered: Audubon, Carroll, Coon Rapids-Bayard, Exira-EHK, Glidden-Ralston

#### Heart of Iowa Community Services

Website: hicsiowa.org Address (Audubon): 318 Leroy Street, Audubon IA 50025 Address (Guthrie): 200 N 5<sup>th</sup> Street, Guthrie Center IA 50115 Phone (Audubon and Guthrie): 515-468-9725 Phone (Dallas): 515-993-5869

#### New Opportunities, Inc (Audubon)

Website: https://www.newopp.org/services/outreach/audubon-county Address: 109 Tracy Street, Audubon IA 50025 Phone: 712-563-2777

**Services Offered:** Food Assistance, Heat/Water Assistance and Weatherization, Clothing Assistance, Drug/Alcohol Counseling, Back-To-School Supplies

# **EMPLOYMENT ASSISTANCE**

## Iowa Workforce Development (Denison Office)

Website: https://www.iowaworkforcedevelopment.gov/
Address: 504 Highway 39 North, Denison IA 51401
Phone: 712-792-2685
Counties Covered: Audubon, Carroll Crawford, Greene, Guthrie, Sac
Services Offered: Unemployment, Resume Writing, Job Searches, Apprenticeship

# **ENVIRONMENTAL SERVICES**

## **Guthrie County Environmental Health Services**

Website: https://www.healthyguthrie.org/copy-2-of-adair-environmental-healt
Address: 2002 State Street; Guthrie Center, IA 50115
Phone: 641-747-3972
Services Offered: Well/Water Testing, Radon Testing, Septic Inspection, Burning/Dumping Issues, Animal Neglect/Abuse Complaints, Rental Tenant Complaints
Counties Covered: Adair, Audubon, Cass, Guthrie

## Iowa State University Extension and Outreach (Audubon Office)

Website: https://www.extension.iastate.edu/audubon/ Address: 608 Market Street, Audubon IA 50025 Phone: 712-563-4239 Services Offered: Youth Drug and Alcohol Determent, Generational Farm Transition Services, Food Safety Training, Individualized Business Support, Crop Production Research, Teen Science/Engineering Experience

# **ETHNIC/CULTURAL SERVICES**

## Lutheran Services in Iowa

Website: https://lsiowa.org/ Phone (Council Bluffs): 712-323-1558 Phone (Denison): 712-263-9341

Phone (Des Moines): 515-271-7411

**Services Provided:** Behavioral Health Intervention Services (BHIS), Therapy, Disability Services, Refugee and Immigrant Services, Foster Care and Adoption, Family Centered Services

# FINANCIAL/UTILITY ASSISTANCE

## New Opportunities, Inc (Audubon)

Website: https://www.newopp.org/services/outreach/audubon-county

Address: 109 Tracy Street, Audubon IA 50025 Phone: 712-563-2777 Services Offered: Food Assistance, Heat/Water Assistance and Weatherization, Clothing Assistance, Drug/Alcohol Counseling, Back-To-School Supplies

## FOOD ASSISTANCE

### Iowa Food Assistance Hotline

**Website:** https://www.foodbankiowa.org/gethelp/snap **Phone:** 855-944-3663

#### New Opportunities, Inc (Audubon)

Website: https://www.newopp.org/services/outreach/audubon-county Address: 109 Tracy Street, Audubon IA 50025 Phone: 712-563-2777 Services Offered: Food Assistance, Heat/Water Assistance and Weatherization, Clothing Assistance, Drug/Alcohol Counseling, Back-To-School Supplies

## FREE/DISCOUNTED MEAL SITES

#### Caring and Sharing: Good Neighbors Congregate Meal Site

Address: 410 N. Park, Audubon IA 50025 Phone: 712-563-3657 Services Offered: Dine-in meals or home-bound meal delivery (donations encouraged); Monday through Friday (except holidays/snow days)

## **GOVERNMENT OFFICES**

#### Audubon County Courthouse

**Website:** https://www.auduboncountyia.gov/county-information/courts/default.aspx **Address:** 318 Leroy Street Ste 6, Audubon IA 50025 **Phone:** 712-563-4275

#### Audubon County Sheriff's Office

**Website:** https://www.auduboncountyia.gov/county-information/sheriff/default.aspx **Address:** 318 Leroy Street Ste 4, Audubon IA 50025 **Phone:** 712-563-2631

#### Audubon Fire Department

**Website:** cityofauduboniowa.com/c/-/?p=fire.html **Address:** 113 Market Street, Audubon IA 50025 **Phone:** 712-563-2023

## Audubon Police Department

**Website:** https://www.cityofauduboniowa.com/c/-/?p=police.html **Address:** 410 N. Park Place, Audubon IA 50025

Phone: 712-563-2500

#### Audubon Public Library

Website: https://www.audubon.lib.ia.us/ Address: 401 N. Park Place, Audubon IA 50025 Phone: 712-563-3301

#### Audubon Public Works Department

Website: https://www.cityofauduboniowa.com/c/-/?p=publicworks Address: 117 Market Street, Audubon IA 50025 Phone: 712-563-2757

## **HOME REHABILITATION/REPAIR**

#### New Opportunities, Inc (Audubon)

Website: https://www.newopp.org/services/outreach/audubon-county Address: 109 Tracy Street, Audubon IA 50025 Phone: 712-563-2777 Services Offered: Food Assistance, Heat/Water Assistance and Weatherization, Clothing Assistance, Drug/Alcohol Counseling, Back-To-School Supplies

## HOMELESSNESS SERVICES/SHELTERS

## HOUSING ASSISTANCE

## INTERPRETER SERVICES

## LEGAL AID

Iowa Legal Aid Website: iowalegalaid.org Phone: 800-532-1275

#### Legal Hotline for Older lowans

**Website:** https://www.iowalegalaid.org/organization/legal-hotline-for-older-iowans **Phone:** 800-992-8161 **Services Provided:** Brief advice and self-help materials for lowans aged 60+

## LGBTQ+ SERVICES

The Trevor Project Website: thetrevorproject.org Phone: 866-488-7386

Services Offered: Suicide prevention and crisis intervention for LGBTQ young people.

## LGBTQ National Hotline

**Phone:** 888-843-4564 **Services Provided:** Telephone and Email Peer Counseling, Information, and Resource Searches

# **MEDICAL CARE**

## Audubon County Memorial Hospital

Website: https://www.acmhhosp.org/ Address: 515 Pacific Avenue, Audubon IA 50025 Phone: 712-563-2611 Services Offered: Cardiac Rehab, Emergency Department, Fitness Center, Health Coach, Lab Services, Surgery, Outpatient Specialty Clinic, Radiology, Rehabilitation, Respiratory Therapy, Skilled Care, Sleep Studies

## Audubon County Public Health Nursing Service

Website: https://www.healthyguthrie.org/audubon Address: 2002 State Street, Guthrie Center IA 50115 Phone: 641-747-3972 Services: In-home nursing assessment and treatment; In-home health aid assistance

## Audubon Family Health Clinic

Website: acmhhosp.org/clinics/audubon-family-health-clinic/
Address: 515 Pacific Avenue Ste 2, Audubon IA 50025
Phone: 712-563-4611
Services Offered: Well-Child Check-Ups, Preventative Care, Sports/School Physicals, OMTs, DOT Physicals, Immunizations, Illness Treatment, Walk-In Clinic

### **Exira Family Health Clinic**

Website: https://www.acmhhosp.org/clinics/exira-medical-clinic/ Address: 107 S. Jefferson Street, Exira IA 50076 Phone: 712-268-5348 Services Offered: Well-Child Check-Ups, Preventative Care, Sports/School Physicals, OMTs, DOT Physicals, Immunizations, Illness Treatment, Walk-In Clinic

# **MENTAL HEALTH AND COUNSELING**

## Behavioral Health Treatment Services Locator

Website: findtreatment.samhsa.gov Phone: 800-662-4357

### Heart of Iowa Community Services

Website: hicsiowa.org Address (Audubon): 318 Leroy Street, Audubon IA 50025

Address (Guthrie): 200 N 5<sup>th</sup> Street, Guthrie Center IA 50115 Phone (Audubon and Guthrie): 515-468-9725 Phone (Dallas): 515-993-5869 Services Offered: Brain Health Services, Crisis Services, Jail Diversion, Children's Services, Disability Support, Transitional Living, Mobile Crisis Counties Covered: Audubon, Guthrie, Dallas

### Lutheran Services in Iowa

Website: https://lsiowa.org/ Phone (Council Bluffs): 712-323-1558 Phone (Denison): 712-263-9341 Phone (Des Moines): 515-271-7411 Services Provided: Behavioral Health Intervention Services (BHIS), Therapy, Disability Services, Refugee and Immigrant Services, Foster Care and Adoption, Family Centered Services\

#### National Suicide Prevention Lifeline

Website: suicidepreventionlifeline.org Phone: 800-273-8255

#### New Opportunities, Inc (Audubon)

Website: https://www.newopp.org/services/outreach/audubon-county
Address: 109 Tracy Street, Audubon IA 50025
Phone: 712-563-2777
Services Offered: Food Assistance, Heat/Water Assistance and Weatherization, Clothing Assistance, Drug/Alcohol Counseling, Back-To-School Supplies

### **Touching Lives Center, LLC**

Phone: 712-563-5285 Services Offered: Individual, couples, and family counseling

### Your Life Iowa

**Website:** yourlifeiowa.org **Phone:** 855-581-8111 (text: 855-895-8398) **Services Offered:** Support and resource connections for issues with drugs, alcohol, gambling, suicidal thoughts, or mental health

## PARENTING, PREGNANCY, AND POSTPARTUM SUPPORT

#### HOPES Program

Website: https://www.healthyguthrie.org/h-o-p-e-s Address: 2002 State Street; Guthrie, IA 50115 Phone: 641-747-3839 Services Offered: Home visitation program for pregnant women, families with newborns, and families with children aged 0-5 Counties Covered: Audubon, Guthrie

## New Opportunities, Inc (Audubon)

Website: https://www.newopp.org/services/outreach/audubon-county Address: 109 Tracy Street, Audubon IA 50025 Phone: 712-563-2777 Services Offered: Food Assistance, Heat/Water Assistance and Weatherization, Clothing Assistance, Drug/Alcohol Counseling, Back-To-School Supplies

## Partnerships 4 Families

Website: https://www.partnerships4families.org/index.php Phone: 712-790-7437 Services Offered: School Readiness, Preschool Opportunities, Parent Support and Education, Child Care Support and Education Counties Covered: Audubon, Carroll, Greene, Guthrie

## YSS: Family Development and Self-Sufficiency Services

Website: https://www.yss.org/program/family-development-self-sufficiency-services/
Phone: 515-291-6542
Counties Covered: Audubon, Boone, Calhoun, Carroll, Dallas, Greene, Guthrie, Marshall, Sac and Story
Services Offered: Home Visits, Referrals, Advocacy, Assessments, Support
Notes: Available to families receiving Family Investment Program (FIP) benefits

# **OFFENDER RE-ENTRY/JAIL DIVERSION**

## Heart of Iowa Community Services

Website: hicsiowa.org Address (Audubon): 318 Leroy Street, Audubon IA 50025 Address (Guthrie): 200 N 5<sup>th</sup> Street, Guthrie Center IA 50115 Phone (Audubon and Guthrie): 515-468-9725 Phone (Dallas): 515-993-5869 Services Offered: Brain Health Services, Crisis Services, Jail Diversion, Children's Services, Disability Support, Transitional Living, Mobile Crisis Counties Covered: Audubon, Guthrie, Dallas

# PLACES OF WORSHIP

Audubon Church of Christ Address: 2050 US 71, Audubon IA 50025 Phone: 712-563-3252

Brayton Lutheran Church Address: 310 Broadway Street, Brayton IA 50042 Phone: 712-549-2291

Ebenezer Lutheran Church Website: https://www.facebook.com/ebenezerlutheranauduboniowa/

Address: 1991 Eagle Ave, Audubon IA 50025 Phone: 712-563-3092

#### **Exira Christian Church**

Address: 201 E. Main Street, Exira IA 50076 Phone: 712-268-5498

#### Exira Lutheran Church

Address: 106 E. Harrison Street, Exira IA 50076 Phone: 712-268-2660

#### Faith Community Church

Website: https://www.facebook.com/faithcommunitychurchaudubon/ Address: 226 Chicago Street, Audubon IA 50025 Phone: 712-563-2059

#### Federated United Church of Christ

Address: 301 East Washington Street, Exira IA 50076 Phone: 712-268-2281

#### First Baptist Church

Website: fbcbrayton.org/home/ Address: 400 Reynolds Street, Brayton IA 50042 Phone: 712-549-2303

#### First Presbyterian Church

Address: 301 Church Street, Audubon IA 50025 Phone: 712-563-3475

#### First United Methodist Church

Website: http://firstaudumc.weebly.com/ Address: 428 Washington Street, Audubon IA 50025 Phone: 712-563-3342

#### Harvest of Hope: Audubon

Website: https://www.facebook.com/harvestofhopeaudubon/ Address: 514 Pacific Ave, Audubon IA 50025 Phone: 712-563-3777

#### Holy Trinity Catholic Church

Website: stpatrickholytrinity.org Address: 218 N. Kilworth Street, Exira IA 50076 Phone: 712-268-5466

### **Our Savior's Lutheran Church**

Website: https://oslcauduboniowa.org/ Address: 326 Leroy Street, Audubon IA 50025

Phone: (712) 563-2625

## St. John's Evangelical Lutheran Church

Website: http://www.idwlcms.org/congregation.php?id=18 Address: 815 E. Division Street, Audubon IA 50025 Phone: 712-563-3333

## St. Patrick Catholic Church

Website: stpatrickholytrinity.org Address: 116 E. Division Street, Audubon IA 50025 Phone: 712-304-2283

## West Exira & Elk Horn SDA Church

Website: https://exiraia.adventistchurch.org/ Address: 2723 Goldfinch Ave, Exira IA 50076 Phone: 712-764-2462

# **TRANSPORTATION**

Western Iowa Transit

Website: region12cog.org Phone: 712-792-9914 Counties Covered: Audubon, Carroll, Crawford, Greene, Guthrie, Sac

# **VETERAN SERVICES**

## Audubon County Veterans Affairs Office

Website: auduboncountyia.gov/county-information/veterans-affairs.aspx
Address: 318 Leroy Street Ste 4, Audubon IA 50025
Phone: 712-563-3508
Services Offered: Compensation and Pension Program Applications, Obtaining
Records/Awards, Distributing Grave Markers and Flag Holders (Audubon County), VA Hospital and Facility Networking

# **VICTIM SERVICES**

## Crime Victim Compensation Program

Website: https://www.iowaattorneygeneral.gov/for-crime-victims/crime-victim-compensationprogram Phone: 800-373-5044 Address: Office of the Attorney General of Iowa: Crime Victim Assistance Division; 321 E 12<sup>th</sup> Street, Des Moines, IA 50319

# YOUTH PROGRAMS

### Iowa State University Extension and Outreach (Audubon Office)

Website: https://www.extension.iastate.edu/audubon/ Address: 608 Market Street, Audubon IA 50025 Phone: 712-563-4239

#### New Opportunities, Inc (Audubon)

Website: https://www.newopp.org/services/outreach/audubon-county Address: 109 Tracy Street, Audubon IA 50025 Phone: 712-563-2777 Services Offered: Food Assistance, Heat/Water Assistance and Weatherization, Clothing Assistance, Drug/Alcohol Counseling, Back-To-School Supplies